



IN MY FEELINGS

Dance Showcase

4th / 5th / 6th February; 6- 8.30pm



A MESSAGE FROM THE DANCE TEAM

We are thrilled to welcome you to our most ambitious production to date. We have another huge cast with 245 incredible dancers, and thanks to your overwhelming support, our tickets continue to fly off the shelf. To meet that demand, we have expanded to a three-night residency for the first time! This presents a challenge of stamina to all of us, but particularly our wonderful students. However, I have complete and total faith that they have what it takes.

Tonight, we present 'In My Feelings'. This showcase is an exploration of the human experience through the lens of six universal emotions: Surprise, Sadness, Fear, Joy, Anger, and Love. We believe this theme connects us all, celebrating that our differences do not overpower our ability to find connection and community through shared feelings, empathy and a deep respect for everyone's emotional process.

Our dancers thrive on your energy! They have spent months demonstrating not just talent and commitment, but a genuine kindness toward one another that has been a joy to witness. Please cheer, clap, and let the dancers feel your support. Our dancers have the courage to be loud with their emotions through their performance, so don't be afraid to be loud in your appreciation!

In a world that can feel divided, tonight is about the emotions that bring us together. Join us as we navigate the highs and lows of the human heart.

Mrs Samuels and the Dance Team

— OUR YEAR 13's



Donya Ammar

I started dance at a very young age. Having dance as my partner holding my hand when growing up, helped me to develop my views in life and my own identity. Practicing all kinds of styles such as ballet, contemporary, jazz, tango, hip hop and commercial in different countries have helped me to express my emotions in different ways accepting all parts of myself.

What's Next;

I am going to study Politics and International Relations at the University of Bristol and would like a career where I can make a difference.

"Sometimes you'll feel amazing, and sometimes you'll feel your worst. When that happens, all you have to do is breathe and reboot."



Esther Anton

I started to dance at church events from the age of three to sixteen every Christmas, New Year and on birthdays. I was inspired to dance from then and to see more different styles, which I have embraced at Ricards.

What's Next;

I am going to study Law LLB (University of Sussex or Portsmouth) so I can become a solicitor.

"Everyone has the potential to be a strong dancer so don't be discouraged by others. Be free with your movements and don't overthink it - it's all about emotion and fun!"



Ruby Day

I have performed at several dance showcases at Ricards and at the dance school I was in outside of school too. I have trained in ballet, tap and modern since I was two, and picked up jazz and contemporary when I was 8 years old. This year I have been running Ricards' first tap club!

What's Next;

I am going to the University of Worcester to study Cricket Coaching and Management, so I can become a top cricket coach!

"Do good, and good will come to you."



Eden Kenneally

I started dance at the age of two, solely training in ballet. When I joined Lucie Benson School of Dance at the age of 7, I began my training in other styles as well as ballet including jazz, tap, modern, musical theatre and contemporary. I am still currently training here. It wasn't until I joined Ricards where I started to learn hip hop, commercial and other street styles. I have done big shows with Lucie Benson over the years, performed at Christmas events and performed in showcases with Ricards Dance.

What's Next;

I am applying to do Fashion Marketing at the University of Manchester. I'm hoping to find a creative career that I love for the future.

"Comparison is the thief of joy. Keep dancing, keep growing - you are enough."

— OUR YEAR 13's



Monie Kouakou

Ever since I was young I have been dancing! I joined a ballet club in Year 1 and moved on to dancing in school pantomimes. I also attended a drama club where I trained in musical theatre dance, before starting at Ricards where I started experimenting with all styles.

What's Next;

I am going to study Fashion at London College of Fashion (UAL) and see where my creativity takes me!

"Always keep going! It is completely fine to be nervous on stage and get things wrong: it's all a part of the learning process."



Eleanor Laine-Euden

I started dancing at age 3 with ballet and later moved on to contemporary/jazz styles. I completed my NATD contemporary grade 5 with Ricards alongside my Level 2 BTEC Dance qualification. I have performed in Six the musical at Ricards and have been in every showcase since 2022, including Homecoming: the first show after the pandemic!

I am currently volunteering as assistant teacher/choreographer with Year 7 dance club. Outside of school, I also appeared in The Treasure Island at the Lantern Arts Centre.

What's Next;

I am going on to study Dance at University, with the hope to teach dance or perform in the future.

"Remember to trust yourself and have resilience; you are stronger than you think!"



Anna Maria Mozolicova

I began ballet lessons at around 3 years old, which introduced me to the world of performing arts. Since then, I've explored many different styles through external dance classes and studying BTEC Dance at Ricards, which has helped me find the styles that I truly enjoy and connect with. Recently, my favourite dance memories have been taking part in the annual school showcase, and doing K-Pop dance covers - combining my love for both the genre and dance and helping me find a community of likeminded people. Dance has always been a creative outlet for me. Thanks to the teachers at Ricards, I've been pushed to explore different styles and techniques I wouldn't have thought of trying.

What's Next;

I am going to study at London College of Fashion (UAL) for Hair and Make-up in fashion, and will work towards a career in the creative industries.

"Stay close to those who push you further, not those who hold you back."



Gracie Revie

I started dancing at age four as a member of the RAD, and did ballet there for three years. I took part in street dance clubs and performed at Winter Wonderland in Center Court during primary school.

My favourite styles to train in are contemporary and ballet. At Ricards I've enjoyed learning a variety of styles such as hip hop, commercial and musical theatre. Being in dance groups has shown me a lot of different ways of expressing yourself through dance, and Dance at Ricards has made me more confident in myself, and given me a life long passion for dance. I have been in many performances at Ricards with this showcase being my 5th time performing.

What's Next;

I am going to St Mary's University to study Primary Education and become a primary school teacher.

"Be yourself. Dance is a way of expressing who you are and what you are feeling."

“I dance because it lets me express emotions in ways that words can’t and it is where inseparable friendships are made.”



“I dance because it makes bad days less bad, and good days even better.”

“It allows me to express my feelings and be with my friends in a way that I enjoy.”



“I feel that I can let go of my thoughts when I dance.”

“It takes me to another world.”

“It makes me feel alive, and it makes me feel free and comfortable in my body. To watch how it moves in dance is to see myself truly happy and confident.”





— *“It’s the short period of time where I can show all myself at once, and really give it my best.”*

— *“I believe there’s no wrong way to do it, and there are lots of different styles to it. It’s been a pleasure to be part of a wonderful dance community.”*



— *“It really brings people together.”*

— *“Dance lets me express how I’m feeling and connect with those around me who share the same passion in a shared safe space.”*



— *“I love expressing myself through movement. Dance makes me feel alive!”*

— *“It expresses the unspoken feelings of the heart when words don’t make sense.”*

CAST LIST

Year 13

DONYA AMMAR
ESTHER ANTON
RUBY DAY
ANA GUNASEELAN
EDEN KENNEALLY

MONIE KOUAKOU
ELEANOR LAINE-EUDEN
ANNA MARIA MOZOLICOVA
AVA RENTON
GRACIE REVIE

Year 12

CAITLIN BRIGHAM
NICHOL CONSTANTINOU
SIENNA COX
MAISY DARNELL
SOFIA DE OLIVEIRA
HELARRY DORNU GBAAMO
EVIE GORDON
WILLOW GREEN
MIA-FAY HARPER-MAY
ASHLEIGH HILLHOUSE
SAVANNAH JOSEPHS SIMPSON
AMIRA MAYOUF
ZOE MCEWAN
EVA NWAMARAIHE-BENITEZ

ARAE OXLEY-RICHARDSON
SI EUN PARK
ABBY POOLE-ROBB
OLIVIA REES
MARLENE RENTON
RIA ROYE
IVAN SOKOL
EMMA WEBSTER
RAISA ZIU

CAST LIST

Year 11

CLARIBEL ANDO	RAQIBA NAGGINDA
ALLYSIA ANDRES	BELICIA NAMUNYEKWA
SIENNA APRAKU-BOATENG	NYAH NELSON
LARA ATTA	HANNAH NKINZI
ISLA BENTLEY	EMILY NUNES
IYLA BOURNE	MIA OLDRIDGE
BASMA CHOUDHRY	INDIGO OYELAKIN-FORBES
REBECCA COLLINS	VICTORIA PRETESEILLE
LAUREN CROSS	KIRISHAA SELVARATNAM
ELISE FAYARD	NATALIE SINDELKOVA
DANIELA GARCIA	ANOUSHKA SUBRAMANIAN
WISSAM HASNA	EDIE TEW
THENUJA JEYAKARAN	ELIZABETH TURNBULL
MIA KABETO-BOHAN	MADELINE VARY
KRITHIKA KAJENDRAN	LIBBY WELSHER
RITA KELLY	ELSIE WILCOX
CHARLOTTE KNEEN	SANAA WILSON LEWIN
AMARA MORRIS	ELISABETH ZEMSKOV

CAST LIST

Year 10

IRINA ARASIMOVICA

HARLEY BASSETT

VALERIE BEAH

KARIECE BROWN

SHERLYN CHAVEZ CHAUCA

SARAIYA DRAKES-THOMAS

HOLLY FARQUHARSON

CHELSIE FONG

MAYA FRANCIS

HATTIE GRIFFITHS

JASMINE GURNAH

KYLA HIGGINS

ASWITHA IYANGAN

JENNIFER JARAMILLO

NESRIN KARAMANOGLU

THANIKA KODEESWARAN

MANON LE GUEN

CHELSEY MARTIN

ABINISHA MATHIVATHANAN

ESTER MELO

MIMI MINAS

KENIA NELSON

SHAMAHIM NOOR

ADA OZDEMIR

SIUZANNA POLIANSKA

JOSIE ROBERTS

DAHAE SEONG

FLORENCE SIBSON

KATRINA SINHA

SCARLETT-JADE SMITH

ZUZANNA TOMCZYK

LEA TOUSSAINT

EMILY TRIPP

HRYSTYNA TSITSINSKA

LIANA UDDIN

HATTIE UDEN

ISABEL VIEITEZ

SASHA WEBER

THEEPTHI YOGARAJAH

CAST LIST

Year 9

ZEHRA ACAR
LYRA BANSEL
CARYS BENTLEY
EMILY BRADFIELD
LAYLA CHOWDHURY
EMMA ENGLER
GEORGIE ETHEREDGE
FAREEHA FAIZ
ELLE FERGUSON
SYLVIE FULFORD-JONES
HOLLY HALDANE
FREYA HANSFORD
LOTTIE JONES
AMINATA KAMARA
MARIIA KHOTEEVA
DARIA KHRAMOVA
EVELYN LAYCOCK
FREYA LEAVER
AMELIE LE RICHE
ALICE LOPES

AMIRAH MALE
SOPHIA MAHONY
AYLA MAUGINO
SOPHIE MCMANUS
BELLS MCNAUGHTON
BEATRICE MURPHY
TERIAH MYERS
MIA NORSEKOV
LOTTIE O'CONNOR
ANAYA PADHIAR
JESSICA PRIMROSE
SOPHIA RICHARDS
OLIVIA SCHEFERMANN
PHOEBE STURROCK
EUNICE SUNG
AMELIE VICK
ISABELLE YEUNG
HOLLY YOUNG
VAKARE ZIMKAITE

CAST LIST

Year 8

SHARON ALAYANDE
EDIE ANDREWS
ALEX ANGUS
SONYA ATHERTON
NYLA AYEH
RUBY BARDEN
NINA BARENBOYM
SKYLAR BARRETT
RYM BEDAOUI
JESSICA CABECAS
MATILDA CARR
EMMA CHEAH
ARWA CHOCHAN
EVE CIANCHETTI
SILVA COBBLAH
ROSE COLERIDGE
NICOLE CORDAL
CHLOE CRAIG
TAYLOR DEERE
NINA DJAKOVIC
MILLIE DOIG
MOLLY ETTINGER
OLIVIA FIDDIMORE
AGATHE GELEOC
AYANA GOVAN
KAYA GREEN
ELODIE HAMPSON
NELL HARRISON
MATILDA HURLEY
MAE IYER
AMELIE JOSEPH
FATOU KALLO
EMMY KOBER

ATHENA KWAKYE
MALENA LABARONNIE GRILLO
ADDISON LAPHAM
NORAH LAWSON DE OLIVEIRA
LIVIA LEWIS
JESS LOWE
HANAA MAHJOUBI
NIKA MAMIN
NATASHA MAUMBE
KATE MCVEY
ISLA MOORES
MEYA MORROW
EVANYA NITHIN PRAKASHAN
FRANCISCA PEDRO
JASMINE PIKE
ELOISA POOKE
NAOMI POOLE
ODETTE PULA
LYLA PYNE
IZZY RAUTENBACH
LEORA REITER-BOOTIMAN
NELL RIBEIRO DOS SANTOS
EMILY ROUND-TURNER
CARLEIGH-ANN ROYAL
ANITA SANTOS MACIEL
HANNA SHARMAN
OLIVIA SLADE
GRETA SO
ELIZA STOCKWELL
LYDIA TRIANTAFYLLOU
JOANIE WESTCOTT
ANNIE WILLIS

CAST LIST

Year 7

FALISHA ABIDI
POLLYANNA ASHFIELD
LARA CASTEJÓN
AURORA CHITALYA
MILA CICCIARI
ELLA COLLIER
ERIN CONN
NEVE CUDDIHY
BELLA DAUTI
EMMA DAVIES
ISLA DE BROISE
CHLOE DOLAN
AMELIE DURBAN
ELLA POPPY FRANOLIC
LUNA FROSTHAMMER CALVACHI
LILY GIMENO LALLIER
CLARA GOTTLIEB
AYRA GURMANI
AVA HALDANE
MATHEA HASAN
ANNABELLE JUKES
KARIN KABETO-BOHAN
IRIS KIRKWOOD
MATILDA MAGNANI
ZUZANNA MAJERSKA
ELLEN MURAVSKA
OLIVIA MURRAY
INDIGO NICHOLAS-MOODY
INAAAYA PRUTHI
REENITA RANJAN
KIRA STEWART
NEFELI STRATAKI
MIA WALKER
HANNA WLAZLOWSKA
AUSTEJA ZIMKAITE

CREATIVE TEAM

Director, Producer, Choreographer

MRS SAMUELS

Choreographers

MS FIELDING, MS TAN, MS CLEMINSON

Assistant Choreographers

DONYA AMMAR

ESTHER ANTON

LARA ATTA

CARYS BENTLEY

ISLA BENTLEY

IYLA BOURNE

JESSICA CABECAS

ROSE COLERIDGE

LAUREN CROSS

RUBY DAY

WILLOW GREEN

HOLLY HALDANE

FREYA HANSFORD

MIA-FAY HARPER-MAY

SAVANNAH JOSEPHS SIMPSON

MIA KABETO-BOHAN

NESRIN KARAMANOGLU

EDEN KENNEALLY

CHARLOTTE KNEEN

MONIE KOUAKOU

ATHENA KWAKYE

ELEANOR LAINE-EUDEN

AMELIE LE RICHE

AMIRA MAYOUF

BELLS MCNAUGHTON

BEATRICE MURPHY

NYAH NELSON

EVANYA NITHIN PRAKASHAN

ARAE OXLEY-RICHARDSON

ADA OZDEMIR

SI EUN PARK

ABBY POOLE-ROBB

JESSICA PRIMROSE

MARLENE RENTON

EMILY ROUND-TURNER

KIRISHAA SELVARATNAM

HANNA SHARMAN

EDIE TEW

LIANA UDDIN

SANAA WILSON LEWIN

HOLLY YOUNG

Assistant Producers

ESTHER ANTON

CAITLIN BRIGHAM

RUBY DAY

HELARRY DORNU GBAAMO

WILLOW GREEN

ASHLEIGH HILLHOUSE

SAVANNAH JOSEPHS SIMPSON

ELEANOR LAINE-EUDEN

EVA NWAMARAIHE-BENITEZ

ARAE OXLEY- RICHARDSON

ABBY POOLE-ROBB

OLIVIA REES

MARLENE RENTON

RIA ROYE

CREATIVE TEAM

Front of House Manager

MS SIMMONS

Production Manager

MS BRYAN

Assistant Lighting Technicians / Stage Managers

ISABELLA ALLEN

KODY CHING

ELINA GUIDA

HOLLY JONES

MONIE KOUAKOU

ESTHER LYDUM

HOLLY MAN

JOSIE PALMER WILLIAMS

ERIN ROWBURY

Assistant Stage Managers

ANA KHAN, LILLY SEMLER

Parent Volunteers

MS VARY

Staff Volunteer

MS ALBERT & MISS HENDRIE

Dance Captains

LARA ATTA

JESSICA CABECAS

ROSE COLERIDGE

HOLLY HALDANE

FREYA HANSFORD

MIA KABETO-BOHAN

CHARLOTTE KNEEN

ATHENA KWAKYE

AMELIE LE RICHE

NYAH NELSON

ADA OZDEMIR

KIRISHAA SELVARATNAM

HANNA SHARMAN

EDIE TEW

LIANA UDDIN

SANAA WILSON LEWIN

HOLLY YOUNG

CREATIVE TEAM

Guest Performers from Wimbledon Dance Academy

IVAN SOKOL, YEVA BARANETS

Runners

ROSIE GRAY, SOPHIA HORNEY, YASMIN NAOULI,
ERIKA TOWNSEND, MADELINE VARY, MRS VARY

Presenters

BASMA CHOUDHRY, VICTORIA PRETESEILLE

Photography

MR WHITE

Ushers

RR6 AMBASSADORS

THANK YOU

MS AGHAJANIAN AND MR FINNIS FOR SOUND SUPPORT

THE WHOLE OF OUR SENIOR LEADERSHIP TEAM

FINANCE, PREMISES AND SITE TEAMS FOR HELPING WITH
LOGISTICS

MRS KEENE FOR CREATING OUR PROGRAMME

THE FRIENDS OF RICARDS LODGE PTA FOR PROVIDING
REFRESHMENTS

MR RAINSFORD AND RICARDS ART STUDENTS FOR
PROVIDING ART WORK

WIMBLEDON DANCE ACADEMY AND OUR GUEST ARTISTS



— *“I dance because it makes me feel happy and free to be myself. The environment allows me to not feel judged, but loved.”*





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Ricards Lodge High School



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